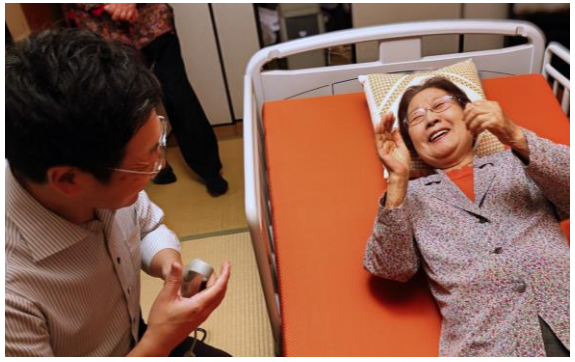カシダス